

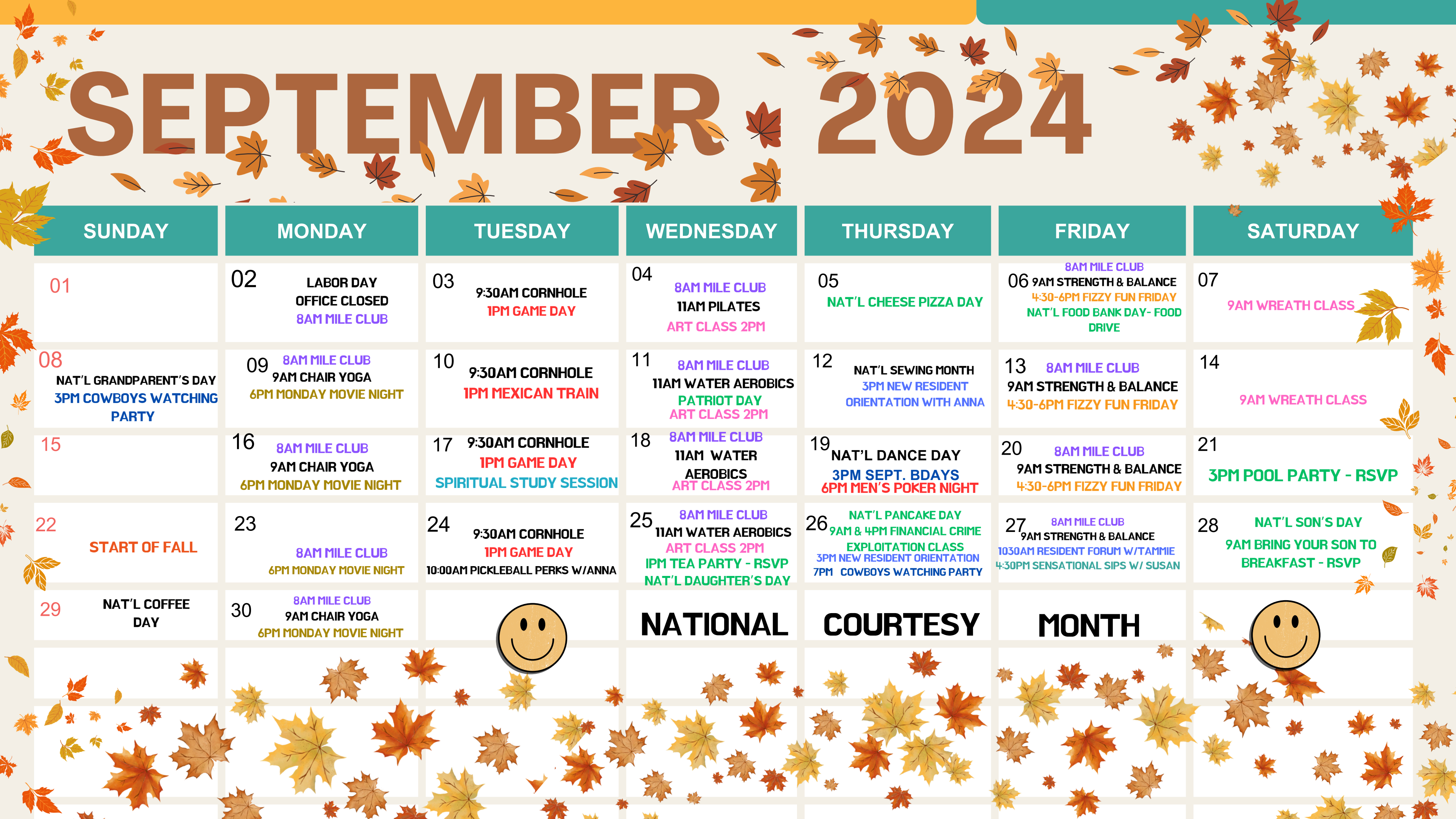


# SEPTEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01	02 LABOR DAY OFFICE CLOSED 8AM MILE CLUB	03 9:30AM CORNHOLE 1PM GAME DAY	04 8AM MILE CLUB 11AM PILATES ART CLASS 2PM	05 NAT'L CHEESE PIZZA DAY	06 8AM MILE CLUB 9AM STRENGTH & BALANCE 4:30-6PM FIZZY FUN FRIDAY NAT'L FOOD BANK DAY- FOOD DRIVE	07 9AM WREATH CLASS
08 NAT'L GRANDPARENT'S DAY 3PM COWBOYS WATCHING PARTY	09 8AM MILE CLUB 9AM CHAIR YOGA 6PM MONDAY MOVIE NIGHT	10 9:30AM CORNHOLE 1PM MEXICAN TRAIN	11 8AM MILE CLUB 11AM WATER AEROBICS PATRIOT DAY ART CLASS 2PM	12 NAT'L SEWING MONTH 3PM NEW RESIDENT ORIENTATION WITH ANNA	13 8AM MILE CLUB 9AM STRENGTH & BALANCE 4:30-6PM FIZZY FUN FRIDAY	14 9AM WREATH CLASS
15	16 8AM MILE CLUB 9AM CHAIR YOGA 6PM MONDAY MOVIE NIGHT	17 9:30AM CORNHOLE 1PM GAME DAY SPIRITUAL STUDY SESSION	18 8AM MILE CLUB 11AM WATER AEROBICS ART CLASS 2PM	19 NAT'L DANCE DAY 3PM SEPT. BDAYS 6PM MEN'S POKER NIGHT	20 8AM MILE CLUB 9AM STRENGTH & BALANCE 4:30-6PM FIZZY FUN FRIDAY	21 3PM POOL PARTY - RSVP
22 START OF FALL	23 8AM MILE CLUB 6PM MONDAY MOVIE NIGHT	24 9:30AM CORNHOLE 1PM GAME DAY 10:00AM PICKLEBALL PERKS W/ANNA	25 8AM MILE CLUB 11AM WATER AEROBICS ART CLASS 2PM 1PM TEA PARTY - RSVP NAT'L DAUGHTER'S DAY	26 NAT'L PANCAKE DAY 9AM & 4PM FINANCIAL CRIME EXPLOITATION CLASS 3PM NEW RESIDENT ORIENTATION 7PM COWBOYS WATCHING PARTY	27 8AM MILE CLUB 9AM STRENGTH & BALANCE 1030AM RESIDENT FORUM W/TAMMIE 4:30PM SENSATIONAL SIPS W/ SUSAN	28 NAT'L SON'S DAY 9AM BRING YOUR SON TO BREAKFAST - RSVP
29 NAT'L COFFEE DAY	30 8AM MILE CLUB 9AM CHAIR YOGA 6PM MONDAY MOVIE NIGHT		NATIONAL	COURTESY	MONTH	



**Walking Club:** Resident led walking club that meets on MWF in front of the main resort building.

**Game Day/Game Night:** Resident led game day that meets every Tuesday afternoon (Game Day), once a month (Game Night) - Party Room

**Mexican Train:** Resident led Mexican Train - Art Studio

**Sensational Sips w/ Susan:** Susan shares a recipe for an adult beverage and her lovely company! Bistro

**Resident Forum with Tammie:** Open forum - opportunity for residents to share. Movement Studio

**Fizzy Fun Fridays:** Cool down with a drink at our happy hour - Refreshments provided. Bistro/Great Room

**Men's Poker Night:** Our men come together to share their skills in a good ole game of poker. Party Room

**Pickleball Perks with Anna:** Anna's got the pickleball playbook and game time covered! Let's rally! Pickleball court

**Movie Night:** Ready for some movie magic? Join us for a resident-led movie night, see you there for a reel good time! Media Room

**September Birthdays:** Celebrate September birthdays with us! Bistro

**Pilates:** Come for a good stretch with friends! Movement Studio

**Art Class:** Come to a guided art class and create something that will last forever. Creative Arts Room

**Strength and Balance:** Work towards building your strength and improving your balance. Movement Studio

**New Resident Orientation/Meet Your Neighbors:** Join us to meet your neighbors and get more in-depth information on all things Avenida!

**Beginner Yoga:** Experience the relaxation of yoga at our Movement Studio!

**National Food Bank Day - Food Drive -** we will deliver any contributions to a local food bank and help those in need.

**Water Aerobics:** Splish splash your way to better health!

**Wreath Class -** Make a wreath for the upcoming holidays - class taught by Renee. The wreaths are gorgeous! Art Studio.

**Spiritual Study Session -** Let's gather together for a spiritual study. Media room.

**Pool Party - splish splash -** you do not want to miss this extravaganza. Please RSVP by 9-14.

**It's Nat'l Daughter's Day -** enjoy a tea party with your precious daughter. These moments are priceless. Great Room. Please RSVP by 9-18

**Financial Crime Exploitation Class -** Facilitated by Renee, let's learn how to protect ourselves from an ever growing crime! Media Room.

**Let's gather together to watch our favorite local team play some FOOTBALL!** Great Room.

**It's Nat'l Son's Day - Bring Your Adorable Son To Breakfast Day -** These moments are unforgettable! Please RSVP by 9-21. Great Room.

**Patriot Day -** We will have our flags out on this day representing!