

# DECEMBER 2024



SUN

MON























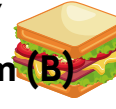



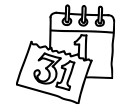

TUE

WED

THU

FRI

SAT

<p>6:30p-Holiday Lights Trolley Ride (RSVP)  1</p>	<p>10a-Chair Yoga (MS) 2 6p-Monday Movie Madness (MR) 6p-Mile Walking Club (EG)</p>	<p>1p- Mexican Train (CAR) 3 5p-Tai Chi (MS) 5p- November Resident Forum (MR) 6p- Taco Tuesday (B) </p>	<p>11a-Pilates (MS) 4 2p-Art Class (CAR) 3p-New Resident Orientation w/Anna (MR) 5p-Wine Down Wednesday (B)  6p-Mile Walking Club (EG)</p>	<p>1p-Hot Chocolate Bar (B) 5 4-6p-Mingle &amp; Jingle (B)  6p- Poker Night (PR) </p>	<p>10a-Strength &amp; Balance (MS) 6 2p- Decorate Ornaments w/ Rosie  6p-Mile Walking Club (EG)</p>	<p>10a-Brunch with Santa (B)  10a-Spa Day W/ Chanel (\$)  1p-Bridge (CAR)</p>
<p>2p-Champagne &amp; Build Your Own Bouquets (CAR)  8</p>	<p>10a-Chair Yoga (MS) 9 3p- Book Club Meeting (PR) 6p-Monday Movie Madness (MR) 6p-Mile Walking Club (EG)</p>	<p>10:30a-Pickle Ball With Anna (PC) 10 1p-Game Day (CAR) 5p-Tai Chi (MS)</p>	<p>11a-Pilates (MS) 11 2p-Art class (CAR) 5p- Holiday Card Decorating (CAR)  6p-Mile Walking Club (EG)</p>	<p>4-6p-Mingle &amp; Jingle (B) 12 6p-Resident led Bingo Night </p>	<p>10a-Strength &amp; Balance (MS) 13 2p-Decorate Gingerbread House (CAR)  6p-Mile Walking Club (EG)</p>	<p>10a-Spa Day w/ Chanel \$ 14 10a-3GiftWrapping Party(CAR) </p>
<p>12p-Dallas Cowboys Watch Party  15</p>	<p>10a-Chair Yoga (MS) 16 10a-12:30p- Gift Wrapping Party (CAR)  2pm-Mahjong (CAR) 6p-Monday Movie Madness (MR) 6p-Mile Walking Club (EG)</p>	<p>1p-Game Day (CAR) 17 5p-Tai Chi (MS) 6p- Caroling and Fun by the Firepit (SC) </p>	<p>10A-Spa Day W/ Chanel\$ 18 11a-Pilates (MS) 2p-Art Class (CAR) 3p-New Resident Orientation W/Anna (MR) 5p-Wine Down Wednesday (B) 6p-Mile Walking Club (EG)</p>	<p>3p-Resident Forum (MR) 19 4p-6p-Sensational Sips w/Susan  6p-Christmas Karaoke (MR)</p>	<p>10a-1pm Estee Lauder Event (GR)  10a-Strength &amp; Balance (MS) 6p-Mile Walking Club (EG)</p>	<p>10a- Holiday Brunch &amp; Mingle  1p-Cookie Decorating w/Grandkids (CAR)</p>
<p>10a-Residents Coffee &amp; Chat (B) 22</p>	<p>10a-Chair Yoga (MS) 23 3p-Eggnog with Mercedes (B)  6p-Monday Movie Madness (MR) 6p-Mile Walking Club (EG)</p>	<p>1p- Game Day (CAR) 24 6p- Netflix Extravaganza (MR) </p>	<p>MERRY CHRISTMAS HAPPY HANUKKAH  Office Is Closed 25</p>	<p>2p- Build your own sandwich w/ Avenida Team (B)  26</p>	<p>10a-Strength &amp; Balance (MS) 27 3p-Celebrate December Birthdays (B)  6p-Mile Walking Club (EG)</p>	<p>10a-Pancake &amp; Waffle Bar (B) 28 6pm- Resident Game Night (PR) </p>
<p>3p-Dallas Cowboys Watch Party  29</p>	<p>10a-Chair Yoga (MS) 30 6p-Monday Movie Madness (MR) 6p-Mile Walking Club (EG)</p>	<p>New Years Eve Party (RSVP)  31</p>				<p> AVENIDA CARROLLTON</p>



## **December**

### **Birthdays!**



Paul J  
Susan B  
Lex K  
Joe T  
Horace P  
Joanne A  
Shirley F  
Vincent R  
James D  
Karen W  
Kyle B  
Aaron B  
Holly S

## **Color Code**

**Red: Fitness Events**

**Teal: Spa Events**

**Blue: Sports Watch Party**

**Pink: Art Class**

**Brown: Game Day**

**Orange: Monday Movie**

**Madness**

**Purple: Book Club**

## **December Event Highlights**

- 12/1: 6:30p Holiday Lights Trolley Ride In Highland Park  
Light's Tour in HP - NEED To Provide Own Transportation
- 12/3: 6p Come Meet You Favorite Avenida Team  
Come Enjoy Taco Tuesday!
- 12/4: 5p Wine Down Wednesday  
Lets Wine Down The Week With A Little Wine Tasting
- 12/5: 1p Hot Chocolate Bar Station
- 12/5: 4-6p Mix & Mingle with Live Music  
Come Mix & Mingle (Live Band)
- 12/6: 2p Decorate Ornaments w/ Rosie
- 12/7: 10a Brunch With Santa In The Bistro
- 12/8: 2p Champagne & Build Your Own Bouquets
- 12/11: 5p Holiday Card Decorating
- 12/12: 6p Resident Led Bingo Night
- 12/13: 2p Decorate Ginger Bread House
- 12/19: 4-6p Sensational Sips w/Susan
- 12/20: 10a Estee Lauder Event  
Come Enjoy ,Shop, & Learn About Some Of The Top Beauty Brands!
- 12/21: 1p Cookie Decorating
- 12/24: 6p Don't have any plans? Come have a Netflix watch party!
- 12/26: 2p Build Your Own Sandwich with Avenida Team
- 12/27: 3p Celebrate December Birthdays
- 12/28: 10a Pancake & Waffle Bar
- 12/31: TBA New Years Eve Party

## **Locations**

- Movement Studio - (MS)**  
**Media Room - (MR)**  
**Fit Studio - (FIT)**  
**Creative Arts Room (CAR)**  
**Bistro - (B)**  
**South Lawn Courtyard - (SC)**  
**Party Room - (PR)**  
**Pool - (P)**  
**Pickleball Court - (PC)**  
**Great Room - (GR)**  
**East Gate - (EG)**



**AVENIDA**  
**CARROLLTON**