

JANUARY

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Happy New Year!		1 Happy New Year! Office Is Closed	2 1p-Bridge (CAR)	3 9a-Strength & Balance (MS) 4:30p-Resident Led Bingo (PR)  6p-Mile Walking Club (SC)	4 9a-Virtual Cardio Class (MS) 1p-Bridge (CAR) 
5 3p-Virtual Stretch Class (MS) 	6 10a-Chair Yoga (MS) 3p-Book Club Meeting (PR) 3p-Spiritual Studies (MR) 6p-Monday Movie Madness (MR) 6p-Mile Walking Club (SC)	7 10:30a- Tai Chi (MS) 12p-Pickle Ball Perks With Anna (PC) 1p-Mexican Train (CAR) 2p-Poker Palooza (PR)	8 11a-Pilates (MS)  2p-Art Class (CAR) 6p-Mile Walking Club (SC)	9 4p-6p Fun & Fizz w/ Mercedes (B) 	10 9a-Strength & Balance (MS) 4:30p-Resident Led Bingo (PR)  6p-Mile Walking Club (SC)	11 9a-Virtual Yoga Class (MS) Spa Day W/Chanel 
12 National Hot Tea Day (Enjoy Some Hot Tea In The Bistro!) 	13 10a-Chair Yoga (MS) 1p- Mahjong Meeting (GR) 3p-Spiritual Studies (MR) 6p-Monday Movie Madness (MR) 6p-Mile Walking Club (SC)	14 10:30a-Tai Chi (MS) 1p-Game Day (CAR) 2p-Poker Palooza(PR) 6p- Stitch Witches Sewing Group Meeting (CAR)	15 11a-Pilates (MS)  2p-Art Class (CAR) 3p-New Resident Orientation w/Anna (MR) 6p-Mile Walking Club (SC)	16 3p-Resident Forum (MR) 4p-6p Mix & Mingle (B)	17 9a-Strength & Balance (MS) 4:30p-Resident Led Bingo (PR)  6p-Mile Walking Club (SC)	18 9a-Virtual Cardio Class(MS) 1p-Sip & Paint "Wood Signs" (CAR) 
19 8a-Virtual Yoga Class (MS) 3p-Stop by & grab some Pop Corn! (B) 	20 Martin Luther King Jr. Day Office Closed 	21 10:30a-Tai Chi (MS) 1p-Mexican Train (CAR) 2p-Poker Palooza(PR) 4p-Build Your Own Hot Dog (B) 	22 11a-Pilates (MS)  2p-Art Class (CAR) 6p-Mile Walking Club (SC)	23 4p-6p Mix & Mingle (B) *Denim & Diamonds* 	24 9a-Strength & Balance (MS) 4:30p-Resident Led Bingo (PR) 6p-Karaoke Night (MR)  6p-Mile Walking Club (SC)	25 Spa Day W/Chanel 6p-Resident Game Night "Resident Led" (PR) 
26 6p-Fellas Night (NFL) Play Offs (MR) 	27 10a-Chair Yoga (MS) 12p-January Birthday Celebrations 3p-Spiritual Studies (MR) 6p-Monday Movie Madness (MR) 6p-Mile Walking Club (SC)	28 10:30a- Tai Chi (MS) 1p-Game Day (CAR) 2p-Poker Palooza(PR) 6p-Sip & Paint "Canvas" (CAR)	29 Happy Lunar New Year 11a-Pilates (MS) 2p-Art Class (CAR) 6p-Mile Walking Club (SC) 	30 4p-6p Mix & Mingle (B) *Nacho Bar* 	31 9a-Strength & Balance (MS) 4:30p-Resident Led Bingo (PR)  6p-Mile Walking Club (SC)	

Color Code

- Red:** Fitness Events
- Teal:** Spa Events
- Blue:** Sports Watch Party
- Pink:** Art Class
- Brown:** Game Day
- Orange:** Monday Movie Madness
- Purple:** Book/Sewing Club

January Birthdays 🎈

Karen S.
Robert B.
Nadine T.
Becky H.
Toni G.
Donald M.
Terry W.
Mark G.
Marjorie J.
Richard M.
Marsha W.
Scott V.
Peggy N.
Roxanne G.
Paul H.

Locations

Movement Studio-(MS) Media Room- (MR) Fit Studio- (FIT)
Creative Arts Room (CAR)
Bistro- (B)
South Lawn Courtyard-(SC)
Party Room- (PR)
Pool- (P)
Pickleball Court- (PC)
Great Room- (GR)
East Gate- (EG)
Private Dining Room (PDR)

January Highlights

- Happy New Year! Office is closed January 1st!
- Sip & Paint January With 18th! Only 10 spots available!
- January 20th Martin Luther King Jr Day Office Is Closed.
- Build Your Own Hot Dog January 21st!
- Painting Class with 7 January 28th! Only 10 spots available!
- Resident Forum January 29th!

HELLO
January