



AVENIDA
CARROLLTON

ANNOUNCEMENTS

2026

FIFTY 5 ALIVE

SUN	MON	TUE	WED	THU	FRI	SAT
	10A CHAIR YOGA (MS) 1 11A CHAIR YOGA (MS) 1P MAHJONG (GR) 3P BOOK CLUB: THE MARRIAGE BUREAU FOR RICH PEOPLE (ML)	10A WATER AEROBICS (P) 2 12P WOMEN'S STRENGTH LAB (FS) 1P GAME DAY (GR) 6P CHAIR YOGA (MS)	11A PILATES (MS) 3 1P MAHJONG (GR) 2P PEARL PAINTING (CAR) 6P FULL BODY STRENGTH (MS)	10A DANCE AEROBICS (MS) 4 1P RECIPE SWAP- BURGER EDITION (PDR) 4:30P SOCIAL HOUR- JUNE BIRTHDAY BASH (GR) 6P WORKOUT SESSION (MS)	8:30A FLAT TOP BISCUIT TRUCK \$\$ (FRONT ENTRYWAY) 5 10A STRENGTH & BALANCE (MS) 11A STRENGTH & BALANCE (MS) 1P MAHJONG (GR) 1P POKER (PR) 4:30P BINGO (CAR) 7:30P DISCO NIGHT REMIX (MS)	9A WALK & TALK (SC) 6 2P BRIDGE (GR) 3P LIFESTYLE COMMITTEE (ML) 4P CHINESE MAHJONG (GR) 6:30P BEEGEES AFTER DARK (ML)
7	10A CHAIR YOGA (MS) 11A CHAIR YOGA (MS) 8 1P LUNCH ON THE TOWN \$ AT FORD'S GARAGE 1P MAHJONG (GR) 4P HOSPITALITY COMMITTEE (ML) 5P JEOPARDY(ML)	10A WATER AEROBICS (P) 9 12P WOMEN'S STRENGTH LAB (FS) 1P GAME DAY (GR) 6P CHAIR YOGA (MS)	11A PILATES (MS) 1P MAHJONG (GR) 10 2P PATRIOTIC WREATH MAKING\$ (CAR) 6P FULL BODY STRENGTH (MS)	9A PAR-TEE ON THE GREEN AT RONNEYS 11 10A DANCE AEROBICS (MS) 3P NEW RESIDENT ORIENTATION (ML) 4:30P SOCIAL HOUR- JEOPARDY EDITION(GR) 6P WORKOUT SESSION (MS)	10A STRENGTH & BALANCE (MS) 12 11A STRENGTH & BALANCE (MS) 1P MAHJONG (GR) 1:30P BIBLE STUDY W/ DANTE (ML) 1P POKER (PR) 4:30P BINGO (CAR)	9A WALK & TALK (SC) 13 2P BRIDGE (GR) 1P ICE CREAM SOCIAL (B) 3P CHESS (GR) 4P CHINESE MAHJONG (GR)
14 NAT'L FLAG WEEK FLAG DAY	10A CHAIR YOGA (MS) 11A CHAIR YOGA (MS) 15 1P MAHJONG(GR) 6P MOVIE NIGHT: INDEPENDANCE DAY (ML) 7P 42 WITH MARK (GR)	9A PICKLEBALL WITH EMILY (PC) 16 10A WATER AEROBICS (P) 12WOMEN'S STRENGTH LAB (FS) 1P GAME DAY (GR) 5P CHARADES (ML) 6P CHAIR YOGA (MS)	11A PILATES (MS) 1P MAHJONG (GR) 17 2P LEATHER KEY CHAIN STAMPING (CAR) 6P FULL BODY STRENGTH (MS)	10A DANCE AEROBICS (MS) 18 1P GARDEN CLUB (ML) 2P FASHION NOOK \$(PDR) 3P RESIDENT FORUM (ML) 4:30P SOCIAL HOUR-STAR\$ & STRIPES TRIVIA (GR) 6P WORKOUT SESSION (MS)	10A STRENGTH & BALANCE (MS) 19 10A STEAK & EGGS WITH DADS (GR) 11A STRENGTH & BALANCE (MS) 1P MAHJONG (GR) 1P POKER (PR) 4:30P BINGO (CAR) JUNETEENTH	9A WALK & TALK (SC) 20 2P BRIDGE (GR) 3P CHESS (GR) 4P CHINESE MAHJONG (GR) 6:30P SANTANA SUPERNATURAL (ML) SPA DAY WITH CHANEL \$\$ SUMMER BEGINS
21 FATHER'S DAY	10A CHAIR YOGA (MS) 22 11A CHAIR YOGA (MS) 1P MAHJONG (GR) 1P HEALTH TALK: BRAIN HEALTH W/ DR MONICA STANLEY (ML) 7P 42 WITH MARK (GR)	10A WATER AEROBICS (P) 23 12P WOMEN'S STRENGTH LAB (FS) 1P JEWELRY REPAIR \$ (PDR) 1P GAME DAY (GR) 6P CHAIR YOGA (MS)	11A PILATES (MS) 1P MAHJONG (GR) 24 2P MODELING CLAY PAINTING & PIPING (CAR) 6P FULL BODY STRENGTH (MS)	10A DANCE AEROBICS (MS) 25 4:30P SOCIAL HOUR- KARAOKE (GR) 6P POST SOCIAL LRC GAME\$(ML) 6P WORKOUT SESSION (MS) SPA DAY WITH CHANEL \$\$	10A STRENGTH & BALANCE (MS) 26 11A STRENGTH & BALANCE (MS) 1P MAHJONG (GR) 1:30P BIBLE STUDY W/ DANTE (ML) 1P POKER (PR) 4:30P BINGO (CAR) 7:30P DANCING UNDER THE NEON MOON (MS)	9A WALK & TALK (SC) 27 2P BRIDGE (GR) 3P CHESS (GR) 4P CHINESE MAHJONG (GR) 6:30P SARAH BRIGHTMAN SYMPHONY IN VIENNA (ML)
28	10A CHAIR YOGA (MS) 29 11A CHAIR YOGA (MS) 1P MAHJONG (GR) 6P LADIES NIGHT (GR)	10A WATER AEROBICS (P) 30 12P WOMEN'S STRENGTH LAB (FS) 1P GAME DAY (GR) 6P CHAIR YOGA (MS)				





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JUNE ACTIVITY GUIDE

LOCATIONS

- B= BISTRO
- CAR= CREATIVE ARTS ROOM
- GR= GREAT ROOM
- MS=MOVEMENT STUDIO
- ML= MEDIA LOUNGE
- PC= PICKLE BALL COURT
- PR= PARTY ROOM
- SC= SOUTH LAWN COURTYARD
- GE= GARDEN EDEN
- YL= YOGA LAWN
- FS=FIT STUDIO

JUNE BIRTHDAYS

- NANCY G 06/02
- MARK Y 06/02
- RAHN A 06/03
- BRUCE B 06/03
- JUNE B 06/03
- MICHELLE W 06/03
- JOE D 06/10
- JEAN B 06/11
- LARRY F 06/11
- GRACIELA L 06/12
- WILLIAM T 06/12
- JON G 06/15
- JEANA L 06/15
- JOYCE S 06/16
- FRAN I 06/23
- GAIL E 06/27
- BETTY S 06/28
- KATHIE O 06/29

EVENTS TO MARK ON YOUR CALENDAR

- PEARL PAINTING
- RECIPE SWAP: BURGER EDITION
- FLAT TOP BISCUIT TRUCK \$
- BEEGEES- AFTER DARK
- LUNCH ON THE TOWN
- PATRIOTIC WREATH MAKING
- PAR-TEE ON THE GREEN
- LEATHER STAMPING
- DISCO NIGHT REMIX
- STEAK & EGGS WITH DADS
- SPA DAY WITH CHANEL \$
- HEALTH TALK W/ DR. MONICA STANLEY
- MODELING CLAY PAINTING
- FASHION NOOK \$
- JEWELRY REPAIR \$
- MOVIE NIGHT
- LADIES NIGHT \$
- DANCING UNDER THE NEON MOON
- SARAH BRIGHTMAN SYMPHONY IN VIENNA

